



Harvard Pilgrim
Health Care



Get up to \$300 in Fitness Reimbursement

We'll reimburse you and a second covered family member for fitness facility membership and classes or virtual fitness subscriptions.

How it works

Up to two covered members on a family plan can be reimbursed for up to \$150 each, for a maximum reimbursement of \$300. Any combination of subscriber, spouse or dependent is eligible for reimbursement. For plans with one covered member, the maximum reimbursement amount is \$150.

What qualifies for reimbursement?

Fitness reimbursement applies to monthly fees paid to a facility that provides cardiovascular and strength-training equipment for exercising and improving physical fitness.

Qualified facilities also include fitness studios and facilities that offer:

- › Yoga
- › Pilates
- › Zumba
- › Aerobic/group classes
- › Kickboxing
- › CrossFit
- › Strength training
- › Indoor cycling/spinning classes
- › Tennis
- › Indoor rock climbing
- › Personal training (taught by a certified instructor)

Virtual fitness class subscriptions also qualify.

Validation is subject to approval by Harvard Pilgrim.

Getting reimbursed is simple.

- › Pay your monthly fees for your fitness facility or virtual fitness subscription
- › After four months of membership, go to harvardpilgrim.org/fitnessreimbursement and choose one of these options:



Online

Submit your request online.



Mail

Print and complete the paper form and mail to the address on the form, along with a copy of your fitness contract or receipt.

What does not qualify for reimbursement?

The following are not eligible for reimbursement:

- › Fees you pay for some group classes or personal training outside of a fitness facility/studio
- › Health club initiation fees for instructional dance studios, country clubs, social clubs (such as ski, riding or hiking clubs), spas, gymnastics facilities, martial arts schools, or pool-only facilities
- › Road race fees, sport camps, ski passes, sports teams or leagues, and school sports athletic user fees

When can I submit my request?

You can request reimbursement:

- › Starting May 1 of the current calendar year, and after you've been enrolled in a Harvard Pilgrim plan for four continuous months
- › After four months of fitness facility membership or virtual fitness subscription
- › Once per calendar year, submitted by March 31 of the following year

How long will it take to be reimbursed?

Once you submit your request, reimbursement takes up to eight weeks. We'll send a check to the subscriber's address of record, made payable to the subscriber.



For complete guidelines, go to harvardpilgrim.org/fitnessreimbursement or call Member Services at (888) 333-4742

Available to most members on plans purchased on and off the Exchange and on plans sold to employer groups. (Guidelines differ for Massachusetts members on plans purchased on and off the Exchange, and on Massachusetts plans sold to small employer groups.) There is a \$300 maximum reimbursement per Harvard Pilgrim policy in a calendar year per family contract, and no more than two covered members may receive reimbursement. For individual contracts, the maximum reimbursement amount is \$150. You must be eligible for fitness reimbursement through your Harvard Pilgrim plan, and you must be currently enrolled in Harvard Pilgrim at time of reimbursement. Restrictions apply and reimbursement is not available to all members. Fitness reimbursement may be considered taxable income. For tax information, consult your employer or tax advisor.